Timetable - weekdays

Route 7	GARDEN ROUTE MALL - CBD	05:40	06:10	06:30	06:40	07:10	07:30	07:40	08:10	08:30	08:40	09:10	09:40
	Departing from Cradock CBD (560F)	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40
		16:10	16:40	17:10	17:40	18:10	18:40	19:10	19:40				
	Departing from Garden Route Mall	05:52	06:23	06:55	07:24	07:55	08:25	08:55	09:24	09:54	10:24	10:54	11:23
	(2020B)	11:53	12:23	12:53	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:50	16:54
		17:24	17:50	17:54	18:24	18:48	18:54	19:23	19:52				

Timetable - Saturdays

Route 7	GARDEN ROUTE MALL - CBD	05:40	06:10	06:40	07:10	07:40	08:10	08:40	09:10	09:40	10:10	10:40	11:10
	Departing from Cradock CBD	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10
	(560F)	17:40	18:10	18:40	19:10	19:40							
	Departing from Garden Route Mall	05:52	06:23	06:55	07:24	07:55	08:25	08:55	09:24	09:54	10:24	10:54	11:23
	(2020B)	11:53	12:23	12:53	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:50	16:54
		17:24	17:50	17:54	18:24	18:48	18:54	19:23	19:52				

Timetable - Sundays

Route 7	GARDEN ROUTE MALL - CBD	05:40	06:10	06:40	07:10	07:40	08:10	08:40	09:10	09:40	10:10	10:40	11:10
	Departing from Cradock CBD	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10
	(560F)	17:40	18:10	18:40	19:10	19:40							
	Departing from Garden Route Mall	05:52	06:23	06:55	07:24	07:55	08:25	08:55	09:24	09:54	10:24	10:54	11:23
	(2020B)	11:53	12:23	12:53	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:50	16:54
		17:24	17:50	17:54	18:24	18:48	18:54	19:23	19:52				