

Timetable - weekdays

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|----------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Route 53 | ROSEMOOR - CBD | 05:00 | 05:35 | 05:55 | 06:13 | 06:28 | 06:35 | 06:46 | 07:00 | 07:18 | 07:33 | 07:46 | 07:50 |
| | Departing from Garden Route Mall (716A) | 08:25 | 08:45 | 08:55 | 09:25 | 09:55 | 10:25 | 10:55 | 11:25 | 11:55 | 12:25 | 12:55 | 13:25 |
| | | 13:55 | 14:20 | 14:35 | 14:55 | 15:20 | 15:35 | 15:55 | 16:10 | 16:20 | 16:35 | 16:55 | 17:15 |
| | | 17:25 | 17:40 | 18:00 | 18:35 | 19:00 | | | | | | | |
| | Departing from Cradock CBD (1563B) | 05:27 | 06:05 | 06:27 | 06:45 | 07:00 | 07:07 | 07:32 | 07:50 | 08:05 | 08:18 | 08:53 | 09:22 |
| | | 09:52 | 10:22 | 10:52 | 11:22 | 11:52 | 12:23 | 12:53 | 13:24 | 13:55 | 14:25 | 14:50 | 15:05 |
| | | 15:25 | 15:50 | 16:05 | 16:15 | 16:26 | 16:42 | 16:52 | 17:07 | 17:15 | 17:27 | 17:47 | 17:57 |
| | | 18:12 | 18:20 | 18:31 | 19:06 | 19:31 | | | | | | | |
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Timetable - Saturdays

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|----------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Route 53 | ROSEMOOR - CBD | 05:00 | 05:40 | 06:00 | 06:40 | 07:00 | 07:20 | 07:40 | 08:00 | 08:20 | 08:40 | 09:05 | 09:25 |
| | Departing from Garden Route Mall (716A) | 09:45 | 10:10 | 10:30 | 10:50 | 11:15 | 11:35 | 11:55 | 12:20 | 12:40 | 13:00 | 13:25 | 13:45 |
| | | 14:05 | 14:30 | 14:50 | 15:10 | 15:35 | 15:55 | 16:15 | 16:40 | 17:00 | 17:20 | 17:45 | 18:05 |
| | | 18:25 | 19:05 | | | | | | | | | | |
| | Departing from Cradock CBD (1563B) | 05:29 | 06:09 | 06:29 | 07:09 | 07:30 | 07:50 | 08:11 | 08:33 | 08:53 | 09:13 | 09:38 | 09:58 |
| | | 10:18 | 10:43 | 11:03 | 11:23 | 11:48 | 12:08 | 12:28 | 12:53 | 13:13 | 13:33 | 13:58 | 14:18 |
| | | 14:38 | 15:03 | 15:23 | 15:43 | 16:08 | 16:28 | 16:48 | 17:13 | 17:33 | 17:53 | 18:18 | 18:38 |
| | | 18:56 | 19:35 | | | | | | | | | | |

Timetable - Sundays

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|----------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Route 53 | ROSEMOOR - CBD | 05:00 | 05:30 | 06:10 | 06:40 | 07:07 | 07:37 | 08:04 | 08:34 | 09:01 | 09:31 | 09:58 | 10:28 |
| | Departing from Garden Route Mall (716A) | 10:55 | 11:25 | 11:52 | 12:22 | 12:49 | 13:19 | 13:46 | 14:16 | 14:43 | 15:13 | 15:40 | 16:10 |
| | | 16:37 | 17:07 | 17:34 | 18:04 | 18:31 | 19:01 | 19:28 | | | | | |
| | | | | | | | | | | | | | |
| | Departing from Cradock CBD (1563B) | 05:27 | 05:57 | 06:38 | 07:08 | 07:38 | 08:08 | 08:35 | 09:05 | 09:32 | 10:02 | 10:29 | 10:59 |
| | | 11:26 | 11:56 | 12:23 | 12:53 | 13:20 | 13:50 | 14:17 | 14:47 | 15:14 | 15:44 | 16:11 | 16:41 |
| | | 17:05 | 17:35 | 18:00 | 18:30 | 18:57 | 19:27 | 19:54 | | | | | |

Timetable - weekdays

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|-----------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Route 53B | ROSEMOOR EXPRESS | 05:20 | 06:10 | 07:00 | 07:50 | 08:40 | 09:25 | 10:10 | 10:55 | 11:40 | 12:25 | 13:10 | 13:55 |
| | Departing from Cradock CBD (1563C) | 14:40 | 15:25 | 16:15 | 17:05 | 17:55 | 18:40 | 19:25 | | | | | |
| | Departing from Garden Route Mall (716B) | 05:38 | 06:20 | 06:29 | 07:20 | 07:20 | 08:10 | 08:20 | 09:00 | 09:43 | 10:28 | 11:13 | 11:58 |
| | | 12:43 | 13:28 | 14:13 | 14:58 | 15:43 | 16:33 | 17:23 | 18:13 | 18:57 | 19:41 | | |

Timetable - Saturdays

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|-----------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Route 53B | ROSEMOOR EXPRESS | 06:00 | 06:45 | 07:30 | 08:15 | 09:05 | 09:55 | 10:45 | 11:35 | 12:25 | 13:15 | 14:05 | 14:55 |
| | Departing from Cradock CBD (1563C) | 15:45 | 16:35 | 17:25 | 18:15 | 19:00 | 19:45 | | | | | | |
| | Departing from Garden Route Mall (716B) | 06:17 | 07:02 | 07:48 | 08:34 | 09:26 | 10:16 | 11:06 | 11:56 | 12:46 | 13:36 | 14:26 | 15:16 |
| | | 16:06 | 16:56 | 17:46 | 18:35 | 19:20 | 20:04 | | | | | | |